



LAC+USC

Helping
Healers
Heal

Resources Page

LAC+USC H³ Team (Second Victim) Peer Support

1:1 Peer Support and Group Debrief Requests

Monday-Friday 7am-4:30pm

Submit request to: H3Team@dhs.lacounty.gov

After hour requests:

- **1:1 Peer Support contact:**
ANO On-Duty: (323) 409-4445
- **Group Debriefs contact:**
First Contact: Clinical Social Work (323) 409-5253
Second Contact: Psychiatry On-Call (323) 409-1665



For more information visit the H3Team website:

<http://myladhs.lacounty.gov/lacusc/depts/wellness/H3team/SitePages/Home.aspx>

Additional Support Services

For County Employees:

County of Los Angeles Employee Assistance Program (EAP)

3333 Wilshire Boulevard, Suite 1000

Los Angeles, CA 90010

(213) 738-4200

<http://hr.lacounty.gov/subsites/EAP/default.htm>

Department of Spiritual Care Services

LAC+USC Chaplin's Office

Inpatient Tower, Room 2M115

2051 Marengo St.

Los Angeles, CA 91754

(323) 409-4715

Email: SpiritualCare@dhs.lacounty.gov

Department of Mental Health

Emergency Outreach Bureau

Business Hours (323) 738-4924

ACCESS Center 24/7 Hotline (800) 854-7771

http://dmh.lacounty.gov/wps/portal/dmh/our_services

GME Wellness Psychologist

Dr. Tobi Fishel (323) 409-6931

Email: Tfishel@usc.edu

LAC+USC Schwartz Rounds

Melea Balwan (323) 409-3076

Email: mbalwan@dhs.lacounty.gov

For USC Faculty:

USC Center for Work & Family Life

Health Sciences Campus

Soto Street Building

2001 N. Soto Street, Room 112

Los Angeles, CA 90032

(213) 821-0800

(213) 880-6657 (After Hours On-call Crisis Counselor)

<http://www.usc.edu/programs/cwfl/>

For USC Students:

Eric Cohen Student Health Center of USC

1510 San Pablo St. Suite 104

Los Angeles, CA 90033

(323) 442-5631

(323) 442-6029

ecohenshc@med.usc.edu

<http://ecohenshc.usc.edu/counseling/counseling/>

National Resources:

Medically Induced Trauma Support Services (MITSS)

(888) 366-4877 (Confidential telephone support)

<http://www.mitss.org/index.html>

National Suicide Prevention Lifeline

Confidential Line (800) 273-TALK (8255)

Text: *START* to 741-741

www.crisistextline.org

Black Bile

Website for physicians suffering from depression

<http://www.black-bile.com/index.html>

Center for Patient Safety

<http://www.centerforpatientsafety.org/second-victims/>

University of Missouri forYOU Team

<http://www.muhealth.org/about/quality-of-care/office-of-clinical-effectiveness/for-you-team/caring-for-caregivers/>